Guidelines and Guidance

**Chickenpox and shingles vaccines: advice for pregnant women**

**MMR (measles, mumps, rubella) vaccine: advice for pregnant women**

**Detail**
This advice provides information on the safety of each vaccine when given in pregnancy for health professionals to share with pregnant women who have been inadvertently vaccinated.

**Published:**
24 February 2015
From: **Public Health England**

**Diabetes in pregnancy: management of diabetes and its complications from preconception to the postnatal period – guidance (NG3)**
National Institute for Health and Care Excellence
Diabetes | Obstetrics and gynaecology
This guideline offers evidence-based advice on managing diabetes and its complications in women who are planning pregnancy and those already pregnant. It updates and replaces NICE guideline CG63 (published March 2008) and includes new recommendations in a number of areas.

**Journal articles**

**Pregnancy and Prenatal care**

**The efficacy of moderate-to-vigorous resistance exercise during pregnancy: a randomized controlled trial.**
Petrov Fieril K, Glantz A, Fagevik Olsen M.

**Risk of Fetal Death With Preeclampsia**
Harmon, Quaker E, MD, PhD; Huang, Lisu MD, PhD; Umbach, David M, PhD; Klungsøy, Kari MD, PhD; Engel, Stephanie M, PhD; Magnus, Per MD, PhD; Skjærven, Rolv PhD; Zhang, Jun MD, PhD; Wilcox, Allen J, MD, PhD
*Obstetrics & Gynecology: March 2015 - Volume 125 - Issue 3 - p 628–635*
Pregnancy as an ideal time for intervention to address the complex needs of black and minority ethnic women: Views of British midwives
Maria Raisa Jessica V. Aquino, Dawn Edge, Debbie M. Smith
Midwifery, March 2015, 31(3), p373–379

Antenatal mental health referrals: Review of local clinical practice and pregnant women’s experiences in England
Zoe Darwin, Linda McGowan, Leroy C. Edozien
Midwifery, March 2015, 31(3), e17–e22

Increasing accurate self-report in surveys of pregnancy alcohol use
Evelyne Muggli, MPH (Senior Research Officer), Brendan Cook, Colleen O’Leary, Della Forster, Jane Halliday
Midwifery, March 2015, 31(3), e23–e28

A qualitative study on how Muslim women of Moroccan descent approach antenatal anomaly screening
Janneke T. Gitsels-van der Wal, Linda Martin, Judith Manniën, Pieterernel Verhoeven, Eileen K. Hutton, Hans S. Reinders
Midwifery, March 2015, 31(3), e43–e49

Antenatal counselling for congenital anomaly tests: Pregnant Muslim Moroccan women’s preferences
Janneke T. Gitsels-van der Wal, Linda Martin, Judith Manniën, Pieterernel Verhoeven, Eileen K. Hutton, Hans S. Reinders
Midwifery, March 2015, 31(3), e50–e57

Global access to antenatal care: a qualitative perspective
Finlayson, Kenneth
The Practising Midwife, March 2015, VO: 18 NO: 3 PG: 10-12
http://www.ingentaconnect.com/content/mesl/tpm/2015/00000018/00000003/art00004

Internet: a new concept of antenatal education
Nikolova, Gergana
The Practising Midwife, March 2015, VO: 18 NO: 3 PG: 22-24
http://www.ingentaconnect.com/content/mesl/tpm/2015/00000018/00000003/art00007

Constipation and haemorrhoids: A midwifery perspective for the childbearing continuum
Kathryn Lamb, Ruth Sanders

Antenatal alcohol exposure: An East Anglian study of midwives’ knowledge and practice
Anne Marie WinstoneChristopher Verity

Labour and Delivery

Patient controlled analgesia with remifentanil versus epidural analgesia in labour: randomised multicentre equivalence trial
BMJ 2015;350:h846
http://www.bmj.com/content/350/bmj.h846?etoc=
Outcome of Planned Home and Hospital Births among Low-Risk Women in Iceland in 2005–2009: A Retrospective Cohort Study
Berglind Hafisdottir, Alexander K.R. Smarason, Olof A. Olafsdottir, Ingegerd Hildingsson and Herdis Sveinsdottir
Birth, Volume 42, Issue 1, March 2015, (pages 16–26)

Fear of Childbirth and Risk of Cesarean Delivery: A Cohort Study in Six European Countries
Elsa Lena Ryding, Mirjam Lukasse, An-Sophie Van Parys, Anne-Marie Wangel, Helle Karro, Hildur Kristjansdottir, Anne-Mette Schroll, Berit Schei and on behalf of the Bidens Group
Birth, Volume 42, Issue 1, March 2015, (pages 48–55)

Higher Cesarean Delivery Rates are Associated with Higher Infant Mortality Rates in Industrialized Countries
Rihu Xie, Laura Gaudet, Daniel Krewski, Ian D. Graham, Mark C. Walker and Shi Wu Wen
Birth, Volume 42, Issue 1, March 2015, (pages 62–69)

Influence of the Duration of the Second Stage of Labor on the Likelihood of Obstetric Anal Sphincter Injury
Catherine E. Aiken, Abigail R. Aiken and Andrew Prentice
Birth, Volume 42, Issue 1, March 2015, (pages 86–93)

Women's experiences of coping with pain during childbirth: A critical review of qualitative research
Natalie Van der Gucht, Kiara Lewis
Midwifery, March 2015, 31(3), p349–358

Sense and sensibility: Swedish midwives' ambiguity to the use of synthetic oxytocin for labour augmentation
Maria Ekelin, Judith Svensson, Susanne Evehammar, Linda J. Kvist
Midwifery, March 2015, 31(3), e36–e42

A balancing act in an unknown territory: A metasynthesis of first-time mothers' experiences in early labour
Tine S. Eri, Terese Bondas, Mechthild M. Gross, Patricia Janssen, Josephine M. Green
Midwifery, March 2015, 31(3), e58–e67

Effective non-pharmacological birth interventions
Davis, Jude
The Practising Midwife, March 2015, VO: 18 NO: 3 PG: 13-17
http://www.ingentaconnect.com/content/mesl/tpm/2015/00000018/00000003/art00005

Antibiotics for meconium-stained amniotic fluid in labour for preventing maternal and neonatal infections
Smith, Valerie
The Practising Midwife, March 2015, VO: 18 NO: 3 PG: 35-37
http://www.ingentaconnect.com/content/mesl/tpm/2015/00000018/00000003/art00011

Italian fathers’ experiences of labour pain
Elena TarlazziPaolo ChiariEnrico NaldiDila ParmaSusan M Jack

Postnatal Care

Obstetric Anal Sphincter Injury and Anal Incontinence Following Vaginal Birth: A Systematic Review and Meta-Analysis
Allison LaCross, Meredith Groff and Arlene Smaldone
Pain relief effect of breast feeding and music therapy during heel lance for healthy-term neonates in China: A randomized controlled trial
Jiemin Zhu, He Hong-Gu, XiuZhu Zhou, Haixia Wei, Yaru Gao, Benlan Ye, Zuguo Liu, Sally Wai-Chi Chan

Empowering families to make informed choices about sleep safety
Professor Helen L Ball

Infant massage: The practice and evidence-base to support it
Alison Cooke

Management of common neonatal problems
A Sahib El-Radhi
British Journal of Nursing, Vol. 24, No. 5: 258-265.

Infant Feeding

The Intergenerational Continuity of Breastfeeding Intention, Initiation, and Duration: A Systematic Review
Laura Di Manno, Jacqui A. Macdonald and Tess Knight
Birth, Volume 42, Issue 1, March 2015, (pages 5–15)

Previous Breastfeeding Experience and Duration of Any and Exclusive Breastfeeding among Multiparous Mothers
Dorothy Li Bai, Daniel Yee Tak Fong and Marie Tarrant
Birth, Volume 42, Issue 1, March 2015, (pages 70–77)

A Comparison of Maternal Attitudes to Breastfeeding in Public and the Association with Breastfeeding Duration in Four European Countries: Results of a Cohort Study
Jane A. Scott, Yin Ying Kwok, Kate Synnott, Joe Bogue, Sergio Amarri, Elizabeth Norin, Angel Gil, Christine A. Edwards and Other Members of the INFABIO Project Team
Birth, Volume 42, Issue 1, March 2015, (pages 78–85)

Optimal Periods of Exclusive Breastfeeding Associated with Any Breastfeeding Duration through One Year
Journal of Pediatrics, March 2015, 166(3), p566–570.e1

Breastfeeding is Associated with Reduced Childhood Hospitalization: Evidence from a Scottish Birth Cohort (1997-2009)
Omotomilola M. Ajentunmobi, Bruce Whyte, James Chalmers, David M. Tappin, Linda Wolfson, Michael Fleming, Alison MacDonald, Rachael Wood, Diane L. Stockton

Incentives to Promote Breastfeeding: A Systematic Review
Victoria Hall Moran, Heather Morgan, Kieran Rothnie, Graeme MacLennan, Fiona Stewart, Gillian Thomson, Nicola Crossland, David Tappin, Marion Campbell, and Pat Hoddinott
Pediatrics 2015; 135:3 e687-e702
Abstract
Encouraging breastfeeding: financial incentives
Whitford, Heather
The Practising Midwife, March 2015, VO: 18 NO: 3 PG: 18-21
http://www.ingentaconnect.com/content/mesl/tpm/2015/00000018/00000003/art00006

Breastfeeding and relationship building: turning evidence into practice
Entwistle, Francesca
The Practising Midwife, March 2015, VO: 18 NO: 3 PG: 29-31
http://www.ingentaconnect.com/content/mesl/tpm/2015/00000018/00000003/art00009

Midwifery Practice

Robson Ten Group Classification System Applied to Women with Severe Maternal Morbidity
Elton Carlos Ferreira, Maria Laura Costa, José Guilherme Cecatti, Samira M. Haddad, Mary Angela Parpinelli, Michael S. Robson and for the Brazilian Network for Surveillance of Severe Maternal Morbidity Study Group
Birth, Volume 42, Issue 1, March 2015, (pages 38–47)

Navigating the self in maternity care: How Chinese midwives work on their professional identity in hospital setting
Jing Zhang, Elaine Haycock-Stuart, Rosemary Mander, Lorna Hamilton

Female genital mutilation: Knowledge, attitude and practices of Flemish midwives
Sien Cappon, Charlotte L'Ecluse, Els Clays, Inge Tency, Els Leye
Midwifery, March 2015, 31(3), e29–e35

Peer support: helping to influence cultural change
Whitmore, Mary
The Practising Midwife, March 2015, VO: 18 NO: 3 PG: 25-28
http://www.ingentaconnect.com/content/mesl/tpm/2015/00000018/00000003/art00008

Looking after your health 3. Avoiding varicose veins
Randall, Sara
The Practising Midwife, March 2015, VO: 18 NO: 3 PG: 32-34
http://www.ingentaconnect.com/content/mesl/tpm/2015/00000018/00000003/art00010

5. Relationships between university and practice, and the role of the link lecturer
Jones, Pat; Marshall, Joyce
The Practising Midwife, March 2015, VO: 18 NO: 3 PG: 38-41
http://www.ingentaconnect.com/content/mesl/tpm/2015/00000018/00000003/art00012

Freedom to speak up—easier said than done
Karen Barker

The future of supervision
Louise Silverton

The new Code and what it means for midwives
Aysha Mendes
LinkedIn: Facebook for professionals?
Alison Power

Midwives' perception about their practice in a midwifery-led care model in karachi, Pakistan
Zulekha Saleem BScN, MScN, Rafat Jan, Helen McInytre, Salma Amin Rattani, Rozina Sikandar

Drug administration in midwifery: Confusion, illegal practice and the supervisor of midwives
Shelley Bennett

News items

NHS England announces national review of maternity care
NHS England has announced details of a major review of the commissioning of NHS maternity services, as promised in the NHS Five YearForward View.

Scholarships for BME midwives
24 March, 2015
Black and minority ethnic (BME) midwives can benefit from leadership scholarships on offer from the Florence Nightingale Foundation (FNF).

Impact of smoking in pregnancy
20 March, 2015
Smoking during pregnancy may have an impact on the future reproductive health of unborn daughters, say researchers.

Pregnancy weight issues significantly increase type 2 diabetes risk
19 March, 2015
Obesity before pregnancy, gestational diabetes mellitus (GDM) and putting on more weight after birth massively increase the risk of later developing type 2 diabetes (T2D), research shows.

Perinatal mental health services to receive funding
18 March, 2015
Over the next five years an additional £75m will be allocated to the care of women who experience mental ill health during the perinatal or antenatal period.

Intelligence and income linked to breastfeeding duration
18 March, 2015
Breastfeeding for longer has been linked with higher adult IQ and earning ability, research has found.

NHS England to receive perinatal mental health petition
17 March, 2015
A petition with more than 50,000 signatures is being presented to NHS England by campaigners who want the gaps plugged in specialist perinatal mental health services.

FGM follow-up report
16 March, 2015
The Home Affairs Committee has published its report Female genital mutilation: follow-up, which identifies the lack of FGM prosecutions.

New healthcare scheme for Nigerian women
16 March, 2015
Non-government organisation the Wellbeing Foundation Africa (WBFA) has launched a financing scheme to bring affordable healthcare to women and adolescent girls in Nigeria.

**NHS staff health and wellbeing plans**
13 March, 2015
Fewer than two thirds of trusts have a plan in place for NHS staff health and wellbeing, a report shows.

**Use of ultrasound before 10 weeks examined**
13 March, 2015
Using ultrasound in the first 10 weeks of pregnancy should be performed only when clinically indicated, according to the RCOG.

**FNF leadership scholarships open**
12 March, 2015
The Florence Nightingale Foundation (FNF) leadership scholarships for 2015-16 are now open for application from midwives, nurses and allied healthcare professionals.

**Threats to child health services identified**
12 March, 2015
Six threats to maternity and other children services have been identified by three leading healthcare journals.

**Excessive weight gain in pregnancy**
11 March, 2015
A US study has found that nearly half of mothers gain too much weight during pregnancy.

**Infant mortality rate decreases**
10 March, 2015
Figures show that in 2013 the infant mortality rate dropped to 3.8 deaths per 1000 live births in England and Wales, compared to 4.0 deaths per 1000 in 2012.

**FGM art exhibition**
10 March, 2015
An art exhibition opens today (10 March) in London to highlight the issue of female genital mutilation (FGM).

**Florence Nightingale Foundation scholarships**
09 March, 2015
Midwives are invited to apply for this year’s scholarships by the Florence Nightingale Foundation.

**GMC report into bullying**
06 March, 2015
A new report from the General Medical Council (GMC) highlights circumstances in which bullying and undermining of doctors in training are likely to occur.

**Maternity care review announced**
05 March, 2015
A major review of the commissioning of NHS maternity services has been announced by NHS England.

**Group B Strep audit finds variation in practice**
05 March, 2015
A new audit by the RCOG has found a variation in practice across UK obstetric units to prevent early onset Group B Streptococcal (GBS) disease in newborns.

**Low-cost antiseptic could reduce newborn deaths**
05 March, 2015
Newborn deaths in developing countries could be reduced by 12% if a low-cost antiseptic to clean the cord is used, a study finds.

**RCM celebrates award winners**
04 March, 2015
The winners of the RCM Annual Midwifery Awards 2015 were announced yesterday (3 March) at a ceremony in London.

**RCM commits to improving safety**
03 March, 2015
The chief executive of the RCM has committed to improving safety for women, following the release of a report today (3 March).

**Your student news**
01 March, 2015
What’s new in the student world? Your chance to tell us where you’ve been and what you’ve been up to...

**The big story: The end of supervision?**
01 March, 2015
Supervision is set to be removed from the NMC’s legal framework. We look at why and what the implications are.

**On employment: Seven-day services**
01 March, 2015
The government has asked the NHS Pay Review Body (PRB) to make observations about unsocial hours payment – the pay that you receive for working nights, weekends and bank holidays.

**‘Pregnant women unmoved by hospital ratings’**
27 February, 2015
Media reports in 2008 naming the best and worst NHS trusts for maternity care did not lead to more women going to the top hospitals, or avoiding the lowest, a study has found.

**Cord clamping timing analysed**
27 February, 2015
A new opinion paper supports deferred umbilical cord clamping, rather than immediate clamping, for healthy babies born at full term.

**Shopping vouchers could help pregnant smoking cessation**
27 February, 2015
Financial incentives could help one in five women quit smoking during pregnancy, according to new research published yesterday (26 February).

**One-to-one care for every woman says NICE**
27 February, 2015
There should be one midwife to each woman during birth, according to the latest NICE guidelines on safe midwifery staffing for maternity settings.

**Women satisfied with care in pregnancy and labour, survey shows**
26 February, 2015
The quality of midwifery care during labour is perceived as excellent even though only 16% of women had one midwife caring for them throughout birth, according to a survey of 4571 recent mothers by the National Perinatal Epidemiology Unit (NPEU) at Oxford University.

**Birth rate in England at seven-year low**
25 February, 2015
The number of births in England has dropped to its lowest level in seven years, after a fall of 3.6% in a year, according to the latest figures from the Health & Social Care Information Centre.

**‘Midwives key to avoiding generational disadvantage’**
25 February, 2015
Midwives have a crucial role in identifying mothers-to-be who need support to avoid disadvantage and inequality to pass from one generation to the next, says new report.
Building Great Britons Report launched today  
25 February, 2015  
The Building Great Britons Report was launched today by the All Party Parliamentary Group for Conception to Age 2 – The First 1001 Days.

NHS staff under growing pressure  
24 February, 2015  
The annual NHS staff survey shows growing pressure on those working in the NHS, but it also reveals that the vast majority of staff remain positive about their work and the service they provide

WHO /Baby Friendly Initiative publications

Latest stories

Breastfeeding supplement for 1001 Critical Days manifesto published today  

Paula Meier: neonatal conference speaker feature  

Baby Friendly in iHV national framework  

Department of Health blog: Improving breastfeeding support in Hampshire  

Unicef UK statement on breastpumps

Unicef UK has issued a statement on working with breast pump companies. This provides full information on whether working with a breastpump company will affect a service's Baby Friendly status.

NICE guidance on vitamin D

NICE has issued guidelines on the use of vitamin D supplements, including for infants and pregnant and breastfeeding women. In addition, recommendation 1.3.2.4 in Antenatal care NICE guideline CG62 has been updated.

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